

THE ART OF LOOKING



1

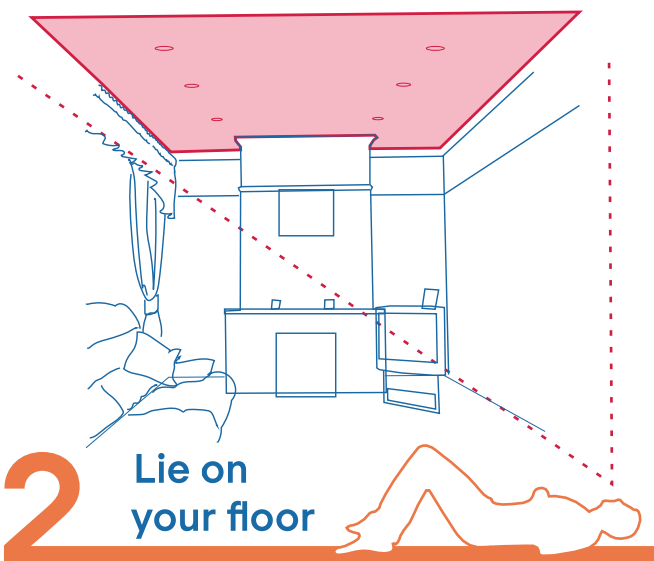
Walk slowly around the room you are in

Is it a square?

rectangle?

or

another shape?



2

Lie on your floor

3

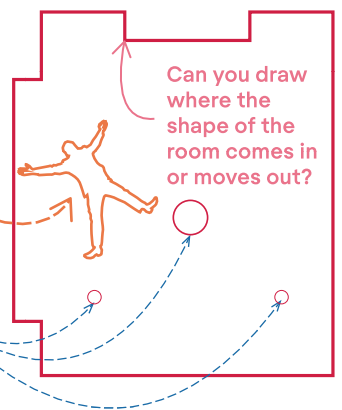
Look at the shape of your ceiling and draw it **TO FILL THIS SPACE**

- Can you draw yourself lying on the floor?
- There's no furniture on your ceiling – but what can you see?

LIGHTS? — One in the middle?
Lots of small ones?

ALARMS?

A SKYLIGHT?



NOW GET CREATIVE WITH YOUR CEILING!

USE PATTERN



Your ceiling is probably smooth and white, but lots of buildings have patterned ones that catch the light, or tell stories to people who visit them.

WHAT TO DO

Lie on the floor in your room and think about how colour and pattern would look on your ceiling.

Use colourful, textured or reflective materials (like kitchen foil) to add to your ceiling outline on the first page.

TOP TIP

You could use string or even spaghetti to create texture and then paint over it when it's dry.

SOME THINGS YOU COULD USE

Pens, Pencils, Paint, Card, Cotton Wool, Scissors, String, Spaghetti, Kitchen Foil, Coloured Paper, Ruler, Bottle Tops, Stickers...



ADD NATURE

Some ceilings are painted to look like the sky, or have holes in them so you can see the sky for real!

WHAT TO DO

Go outside and lie on the ground under the sky, or under a tree, and add what you see to the ceiling you drew on the first page.

TOP TIP

You could lay a mirror on the ground and draw what you see so that your neck doesn't get sore!



TELL A STORY



This ceiling was built from 6,000 plastic bottles and was made to look like the sea!

WHAT TO DO

Is there another story you want to tell on the ceiling?

A family story? A trip into space?

Get some paper and draw the ceiling outline of a different room. Create your new story – be as inventive as you like!